

Van Puymbrouck: Session: 2: COACH evaluation sheet for TEAM: TZT

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Desmet Carl

Coaches: Backs Hubert

Coaches: François Ewout HEADCOACH

Coaches: De Cramer Renée

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 11: 200M MEDLEY MIXED 10-9					Heat:1, starttime: 14:00
Heat: 1/2 Lane : 3 Athlete: VERNIEUWE ARNO					Q-time: 99:99:99
PB (50m pool): no time					PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 11: 200M MEDLEY MIXED 10-9					Heat:2, starttime: 14:04
Heat: 2/2 Lane : 4 Athlete: COVEMAERKER SIEBREN					Q-time: 03:37:63
PB (50m pool): 03:37.63 Zwembad Brigitte Becue 30/05/2025					PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:47.67	01:41.56	02:46.54	03:37.63	
	00:47.67	00:53.89	01:04.98	00:51.09	
					

Coach feedback:

Event number: 12: 200M FREESTYLE MEN 11+					Heat:1, starttime: 14:19
Heat: 1/9 Lane : 5 Athlete: LONGUEVILLE JOREN					Q-time: 99:99:99
PB (50m pool): no time					PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Van Puymbrouck: Session: 2: COACH evaluation sheet for TEAM: TZT

Event number: 12: 200M FREESTYLE MEN 11+					Heat:2, starttime: 14:23
Heat: 2/9 Lane : 7 Athlete: DEPOORTER SEPPE					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 12: 200M FREESTYLE MEN 11+					Heat:4, starttime: 14:31
Heat: 4/9 Lane : 8 Athlete: MOEYAERT ALEC					Q-time: 02:42:04
PB (50m pool): 02:42.04 Charleroi 11/01/2026 PB (25m pool): 02:55.23 SB: 02:42.04 Charleroi 11/01/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:42.04	
	no time				
					

Coach feedback:

Event number: 12: 200M FREESTYLE MEN 11+					Heat:5, starttime: 14:34
Heat: 5/9 Lane : 6 Athlete: DEVOLDERE LOWIE					Q-time: 02:28:86
PB (50m pool): 02:42.99 Kortrijk 04/05/2025 PB (25m pool): 02:28.86 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.83	01:16.88	02:01.27	02:42.99	
	00:34.83	00:42.05	00:44.39	00:41.72	
					

Coach feedback:

Event number: 12: 200M FREESTYLE MEN 11+					Heat:6, starttime: 14:37
Heat: 6/9 Lane : 8 Athlete: GEERS ARNOUT					Q-time: 02:26:18
PB (50m pool): 02:35.52 Charleroi 11/01/2026 PB (25m pool): 02:26.18 SB: 02:35.52 Charleroi 11/01/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:35.52	
	no time				
					

Coach feedback:

Van Puymbrouck: Session: 2: COACH evaluation sheet for TEAM: TZT

Event number: 12: 200M FREESTYLE MEN 11+					Heat:9, starttime: 14:45
Heat: 9/9 Lane : 1 Athlete: FRANÇOIS TIJS					Q-time: 02:04:39
PB (50m pool): 02:08.69 Antwerpen 20/04/2025					PB (25m pool): 02:04.39 SB: 02:09.25 Charleroi 11/01/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:29.49	01:02.14	01:35.28	02:08.69	
	00:29.49	00:32.65	00:33.14	00:33.41	
					

Coach feedback:

Event number: 12: 200M FREESTYLE MEN 11+					Heat:9, starttime: 14:45
Heat: 9/9 Lane : 4 Athlete: DESMET LEENDERT					Q-time: 01:58:78
PB (50m pool): 01:58.78 Antwerpen 27/07/2025					PB (25m pool): 01:57.30 SB: 01:59.97 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:27.25	00:57.44	01:28.37	01:58.78	
	00:27.25	00:30.19	00:30.93	00:30.41	
					

Coach feedback:

Event number: 12: 200M FREESTYLE MEN 11+					Heat:9, starttime: 14:45
Heat: 9/9 Lane : 5 Athlete: HOUSEN KORNEEL					Q-time: 01:59:78
PB (50m pool): 02:02.96 Antwerp 09/02/2025					PB (25m pool): 01:59.78 SB: 02:03.98 Gent 08/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:28.58	00:59.83	01:31.53	02:02.96	
	00:28.58	00:31.25	00:31.70	00:31.43	
					

Coach feedback:

Event number: 12: 200M FREESTYLE MEN 11+					Heat:9, starttime: 14:45
Heat: 9/9 Lane : 8 Athlete: DECLERCK SIMON					Q-time: 02:06:58
PB (50m pool): 02:09.86 Antwerpen 27/07/2025					PB (25m pool): 02:06.58 SB: 02:10.35 Charleroi 11/01/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:29.86	01:02.55	01:36.15	02:09.86	
	00:29.86	00:32.69	00:33.60	00:33.71	
					

Coach feedback:

Van Puymbrouck: Session: 2: COACH evaluation sheet for TEAM: TZT

Event number: 13: 200M FREESTYLE WOMEN 11+					Heat:2, starttime: 14:53
Heat: 2/9 Lane : 7 Athlete: JODTS LAUREN					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 13: 200M FREESTYLE WOMEN 11+					Heat:8, starttime: 15:14
Heat: 8/9 Lane : 4 Athlete: ANDRIES FEBE					Q-time: 02:20:91
PB (50m pool): 02:20.91 Antwerpen 13/07/2025 PB (25m pool): no time SB: 02:21.61 Brugge 01/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.54	01:07.91	01:44.68	02:20.91	
	00:32.54	00:35.37	00:36.77	00:36.23	
					

Coach feedback:

Event number: 13: 200M FREESTYLE WOMEN 11+					Heat:9, starttime: 15:17
Heat: 9/9 Lane : 3 Athlete: DESMET FIEN					Q-time: 02:16:54
PB (50m pool): 02:16.53 Lago Gent Rozebroeken 07/05/2023 PB (25m pool): 02:13.83 SB: 02:18.28 Amersfoort 22/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:16.53	
	no time				
					

Coach feedback:

Event number: 13: 200M FREESTYLE WOMEN 11+					Heat:9, starttime: 15:17
Heat: 9/9 Lane : 4 Athlete: GANTOIS JANNE					Q-time: 02:09:75
PB (50m pool): 02:12.45 Antwerpen 08/03/2026 PB (25m pool): 02:09.75 SB: 02:12.45 Antwerpen 08/03/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.01	01:04.61	01:38.58	02:12.45	
	00:31.01	00:33.60	00:33.97	00:33.87	
					

Coach feedback:

Van Puymbrouck: Session: 2: COACH evaluation sheet for TEAM: TZT

Event number: 15: 200M BACKSTROKE WOMEN 11+					Heat:2, starttime: 15:33
Heat: 2/3 Lane : 3 Athlete: VAN STEENKISTE LIA					Q-time: 02:50:58
PB (50m pool): 02:50.58 Brugge 01/02/2026					PB (25m pool): 02:50.30 SB: 02:50.58 Brugge 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:39.75	01:23.46	02:08.31	02:50.58	
	00:39.75	00:43.71	00:44.85	00:42.27	
					

Coach feedback:

Event number: 15: 200M BACKSTROKE WOMEN 11+					Heat:3, starttime: 15:37
Heat: 3/3 Lane : 7 Athlete: HUYBEN ISOLDE					Q-time: 02:41:27
PB (50m pool): 02:41.27 Antwerpen 20/07/2025					PB (25m pool): 03:21.94 SB: 02:41.77 Gent 08/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.36	01:20.05	02:00.91	02:41.27	
	00:38.36	00:41.69	00:40.86	00:40.36	
					

Coach feedback:

Event number: 17: 200M BREASTSTROKE WOMEN 11+					Heat:1, starttime: 15:53
Heat: 1/2 Lane : 5 Athlete: HUYBEN STIEN					Q-time: 03:34:31
PB (50m pool): no time					PB (25m pool): 03:34.31 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 20: 100M FREESTYLE MEN 11+					Heat:1, starttime: 16:24
Heat: 1/3 Lane : 5 Athlete: CHRISTIAENS LUCAS					Q-time: 01:06:73
PB (50m pool): 01:07.77 Charleroi 11/01/2026					PB (25m pool): 01:06.73 SB: 01:07.77 Charleroi 11/01/2026
	5 0 M	1 0 0 M			
PB	00:32.38	01:07.77			
	00:32.38	00:35.39			
					

Coach feedback:

Van Puymbrouck: Session: 2: COACH evaluation sheet for TEAM: TZT

Event number: 21: 100M FREESTYLE WOMEN 11+			Heat:2, starttime: 16:32
Heat: 2/4 Lane : 5 Athlete: HUYBEN STIEN			Q-time: 01:12:72
PB (50m pool): 01:11.99 Antwerpen 08/03/2026			PB (25m pool): 01:12.72 SB: 01:11.99 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:35.02	01:11.99	
	00:35.02	00:36.97	
			

Coach feedback:

Event number: 21: 100M FREESTYLE WOMEN 11+			Heat:3, starttime: 16:33
Heat: 3/4 Lane : 5 Athlete: HUYBEN ISOLDE			Q-time: 01:06:56
PB (50m pool): 01:06.56 Antwerpen 20/07/2025			PB (25m pool): 01:05.94 SB: 01:06.64 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:32.02	01:06.56	
	00:32.02	00:34.54	
			

Coach feedback:

Event number: 21: 100M FREESTYLE WOMEN 11+			Heat:3, starttime: 16:33
Heat: 3/4 Lane : 8 Athlete: VAN STEENKISTE LIA			Q-time: 01:11:11
PB (50m pool): 01:08.53 Antwerpen 15/03/2026			PB (25m pool): 01:11.02 SB: 01:08.53 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:33.06	01:08.53	
	00:33.06	00:35.47	
			

Coach feedback:

Event number: 22: 100M BACKSTROKE MEN 11+			Heat:1, starttime: 16:37
Heat: 1/6 Lane : 2 Athlete: LONGUEVILLE JOREN			Q-time: 01:41:63
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Van Puymbrouck: Session: 2: COACH evaluation sheet for TEAM: TZT

Event number: 22: 100M BACKSTROKE MEN 11+			Heat:1, starttime: 16:37
Heat: 1/6 Lane : 5 Athlete: DEPOORTER SEPPE			Q-time: 01:39:22
PB (50m pool): no time			PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	<i>no time</i>		
			

Coach feedback:

Event number: 22: 100M BACKSTROKE MEN 11+			Heat:2, starttime: 16:40
Heat: 2/6 Lane : 3 Athlete: MOEYAERT ALEC			Q-time: 01:28:15
PB (50m pool): 01:28.99 Charleroi 11/01/2026			PB (25m pool): 01:28.15 SB: 01:28.99 Charleroi 11/01/2026
	5 0 M	1 0 0 M	
PB	00:44.15	01:28.99	
	<i>00:44.15</i>	<i>00:44.84</i>	
			

Coach feedback:

Event number: 22: 100M BACKSTROKE MEN 11+			Heat:3, starttime: 16:43
Heat: 3/6 Lane : 3 Athlete: GEERS ARNOUT			Q-time: 01:21:66
PB (50m pool): 01:27.41 Antwerpen 08/03/2026			PB (25m pool): 01:21.66 SB: 01:27.41 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:42.23	01:27.41	
	<i>00:42.23</i>	<i>00:45.18</i>	
			

Coach feedback:

Event number: 22: 100M BACKSTROKE MEN 11+			Heat:6, starttime: 16:50
Heat: 6/6 Lane : 1 Athlete: DECLERCK SIMON			Q-time: 01:08:72
PB (50m pool): 01:08.96 Antwerpen 15/03/2026			PB (25m pool): 01:08.72 SB: 01:08.96 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:32.96	01:08.96	
	<i>00:32.96</i>	<i>00:36.00</i>	
			

Coach feedback:

Van Puymbrouck: Session: 2: COACH evaluation sheet for TEAM: TZT

Event number: 22: 100M BACKSTROKE MEN 11+			Heat:6, starttime: 16:50
Heat: 6/6 Lane : 5 Athlete: DESMET LEENDERT			Q-time: 01:03:44
PB (50m pool): 01:08.16 Lago Gent Rozebroeken 05/05/2024 PB (25m pool): 01:03.44 SB: no time			
	5 0 M	1 0 0 M	
PB	no time	01:08.16	
	no time		
			

Coach feedback:

Event number: 22: 100M BACKSTROKE MEN 11+			Heat:6, starttime: 16:50
Heat: 6/6 Lane : 6 Athlete: FRANÇOIS TIJS			Q-time: 01:04:53
PB (50m pool): 01:07.87 Kortrijk 04/05/2025 PB (25m pool): 01:04.53 SB: 01:08.45 Antwerpen 15/03/2026			
	5 0 M	1 0 0 M	
PB	00:32.92	01:07.87	
	00:32.92	00:34.95	
			

Coach feedback:

Event number: 23: 100M BACKSTROKE WOMEN 11+			Heat:1, starttime: 16:52
Heat: 1/4 Lane : 4 Athlete: JODTS LAUREN			Q-time: 01:36:10
PB (50m pool): 01:34.81 Antwerpen 15/03/2026 PB (25m pool): 01:36.12 SB: 01:34.81 Antwerpen 15/03/2026			
	5 0 M	1 0 0 M	
PB	00:46.07	01:34.81	
	00:46.07	00:48.74	
			

Coach feedback:

Event number: 25: 100M BREASTSTROKE WOMEN 11+			Heat:5, starttime: 17:18
Heat: 5/5 Lane : 4 Athlete: DESMET FIEN			Q-time: 01:19:87
PB (50m pool): 01:20.72 Antwerpen 28/07/2024 PB (25m pool): 01:19.85 SB: 01:22.91 Amersfoort 22/02/2026			
	5 0 M	1 0 0 M	
PB	no time	01:20.72	
	no time		
			

Coach feedback:

Van Puymbrouck: Session: 2: COACH evaluation sheet for TEAM: TZT

Event number: 25: 100M BREASTSTROKE WOMEN 11+			Heat:5, starttime: 17:18
Heat: 5/5 Lane : 5 Athlete: ANDRIES FEBE			Q-time: 01:21:50
PB (50m pool): 01:22.66 Antwerpen 13/07/2025			PB (25m pool): 01:21.50 SB: 01:25.19 Brugge 01/02/2026
	5 0 M	1 0 0 M	
PB	00:38.92	01:22.66	
	00:38.92	00:43.74	
			

Coach feedback:

Event number: 26: 100M BUTTERFLY MEN 11+			Heat:1, starttime: 17:21
Heat: 1/3 Lane : 4 Athlete: DEVOLDERE LOWIE			Q-time: 01:25:17
PB (50m pool): 01:21.38 Antwerpen 15/03/2026			PB (25m pool): 01:25.17 SB: 01:21.38 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:37.41	01:21.38	
	00:37.41	00:43.97	
			

Coach feedback:

Event number: 26: 100M BUTTERFLY MEN 11+			Heat:2, starttime: 17:23
Heat: 2/3 Lane : 3 Athlete: CHRISTIAENS LUCAS			Q-time: 01:17:95
PB (50m pool): 01:26.84 Antwerpen 20/07/2025			PB (25m pool): 01:17.95 SB: no time
	5 0 M	1 0 0 M	
PB	00:39.44	01:26.84	
	00:39.44	00:47.40	
			

Coach feedback:

Event number: 26: 100M BUTTERFLY MEN 11+			Heat:3, starttime: 17:25
Heat: 3/3 Lane : 5 Athlete: HOUSEN KORNEEL			Q-time: 01:01:23
PB (50m pool): 01:01.16 Antwerpen 22/03/2026			PB (25m pool): 01:01.23 SB: 01:01.16 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	00:28.11	01:01.16	
	00:28.11	00:33.05	
			

Coach feedback:

Van Puymbrouck: Session: 2: COACH evaluation sheet for TEAM: TZT

Event number: 27: 100M BUTTERFLY WOMEN 11+			Heat:2, starttime: 17:29
Heat: 2/2 Lane : 3 Athlete: GANTOIS JANNE			Q-time: 01:09:86
PB (50m pool): 01:11.42 Antwerpen 08/03/2026			PB (25m pool): 01:09.86 SB: 01:11.42 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:31.80	01:11.42	
	00:31.80	00:39.62	
			

Coach feedback: